

# THE CATALYST



**Kathy Garrett, Ph.D.**

Executive Consultant & Coach

## Expertise:

Leadership Development

Women & Diversity Development

Sustainable Change

Culture Building

Organizational Design & Development



## Overview & Strengths

Kathy Garret, Ph.D. has more than 20-years' experience in leadership, team and organization development working with clients to build positive and engaging cultures and support leaders to bring about growth and change. She has significant experience guiding leadership teams to design new organization structures, propel small and large-scale change, shift culture and deepen engagement.

Kathy has expertise facilitating and teaching in real and virtual environments. She brings an array of organization development approaches to group facilitation, culture innovation and strategic planning work. She enjoys needs assessment and finding or designing the right solution for the individual or the group.

Kathy has held leadership roles as a director of organization development in a global Fortune 500 corporation. She has coached and consulted with leaders at all levels of the organization and discovered her passion for developing women, diversity and emerging talent.

Kathy is a visiting faculty member of the Organization and Leadership Development Masters' Program at St. Joseph's University where she teaches and advises online and campus graduate students. Her courses include Change Leadership, Leading Teams, Strategic Leadership and Research Seminar.

## Professional Snapshot

### Over 20 years of business experience:

- Leadership Development
- Women, Diversity and Emerging Talent Development
- Team Development
- Culture and Engagement
- Sustainable Change
- Organization Assessment, Design & Development

## Industry Specializations

- Healthcare
- Pharmaceutical
- Medical Devices
- Consumer Products
- Global companies
- Hotels and Casinos
- Education

Inspired Possibilities. Powered by People.

## Educational Background

### Temple University

- Ph.D., Adult and Organizational Development

### Southern Illinois University

- MA, Behavior Analysis and Therapy

### Vanderbilt University

- BA, Psychology and Sociology

## Certification & Assessments

- Emotional Intelligence (ESCI)
- Group Development Questionnaire
- Myers Briggs Type Indicator
- StrengthFinders 2.0
- The Enneagram
- The Leadership Profile 360
- Thomas-Kilmann Index

## Specializations



## Coaching Philosophy

Kathy's coaching philosophy rests soundly in knowing that individuals develop most fully when they can learn, grow and change in a welcoming and trusting atmosphere. Kathy creates safety for leaders to reflect on their whole self and bring themselves more fully to their work role. Using traditional assessments and coaching models as well as creative approaches including writing, art, nature and mind-body connection awareness, Kathy supports leaders to recharge, reimagine and grow.



70 West Oakland Ave Suite 104  
Doylestown, PA 18901  
215.839.0089, Ext. 701

kathy@poweredbycatalytics.com  
[www.poweredbycatalytics.com](http://www.poweredbycatalytics.com)